



**What to expect when trying  
out for the Alberta Summer  
Games**

## Alberta Summer Games

*The Alberta Games provide many benefits to both the host community and to thousands of Albertans who participate at local, zone, and provincial levels. Alberta Games provide an opportunity to celebrate young athletes and provide them with a venue to compete and reach their athletic potential. Alberta Games provides a competitive opportunity for provincial athletes at the 'Train to Train' level of CS4L to compete in a multi-sport Games.*

### **Why is the Alberta Summer Games for U16 B Girls?**

The Alberta Summer Games is an event that Softball wants to continue to be a part of. Most Zones cannot field an 'A' caliber team and therefore if we did not have at least 4 of the 8 Zones represented, we would lose softball from the Games program. By having a 'B' category it allows zone teams of girls that logistically may not have been able to benefit from playing on an 'A' team but could for this purpose.

### Zones



<https://albertasport.ca/uploads/Zone-Map-1.pdf>

<http://softballalberta.ca/FAQs/2016%20Zones%20by%20Community.pdf>

Alberta is divided into 8 Zones for the Alberta Games. Each Zone is assigned a color for identification during the Games.

Zone 1 - Sunny South (Grey)

Zone 2 - Big Country (Brown)

Zone 3 - Calgary (Red)

Zone 4 - Parkland (Orange)

Zone 5 - Black Gold/Yellowhead (Yellow)

Zone 6 - Edmonton (Green)

Zone 7 - North East (Navy Blue)

Zone 8 - Peace Country (Royal Blue)

### **Eligibility**

To be eligible to be selected to a Zone Team, an athlete must be in good standing with Softball Alberta and meet the requirements listed in the Softball AB handbook (page 14 SA Handbook).

To be eligible to be selected to a Team, the athlete must meet the age requirements and citizenship (page 20-23 SA Handbook) requirements and must also attend one of the tryouts stipulated by the organizers.

### **Tryout Process**

- Athletes must attend one tryout out in order to be eligible for a zone team. Each zone will be made up of 14 athletes. Three U14 players and eleven U16B or lower category players.
- Each player must send their registration to the head coach in their zone, prior to tryouts.
- Each tryout will cost athletes **\$10**, which will be collected by the Head Coach.
- Tryouts will usually begin the fall of the year prior to the games and or in early spring. The final team is finalized in June.

For each zone team, there will be 1-2 identification camps in preparation for finalizing the team roster. Tryout Camps will be posted on Softball Alberta's website. Following the conclusion of all identification camps, a final roster will be named.

### **Making the Team**

Zone Teams may participate in one tournament the spring before the games. Each team is limited to 4 practices before Provincials and unlimited after Provincials.

#### **Upon selection to the Team, an athlete must:**

- Sign ASC Code of Conduct and register online by the registration date.
- Provide Softball Alberta with all the required contact information
- Participate in Team events, activities and meetings, directed by the Head coach or his/her designate
- Ensure they wear proper equipment and clothing
- Obey all rules established by the Head Coach and/or Softball Alberta/ Alberta Sport Connection.

- Each player is required to pay a fee (\$150+ \$80), this helps covers there, uniforms, jackets, socks, belts, T-shirts. The \$80 fee covers their accommodations, travel, Zone Apparel and food while they're at the games.
- At the games under no circumstance will the athletes drink, do drugs or stay out past curfew. If they are caught they will be sent home immediately.

### **Removal from the Team**

#### **An Athlete may be removed from the athlete pool or from a Team where the athlete:**

- Is unable to perform due to injury, illness or for other medical reason as determined by a medical practitioner
- Violates team rules and/or Softball Alberta's policies and procedures
- Exhibits conduct that is detrimental to the image of the Program
- Breaches the ASC Code of Conduct
- Voluntarily withdraws
- Fraudulently misrepresents themselves

### **Substitution of Alternatives**

Each Zone Team is required to name in alternate if in case a player becomes injured before the games and can't compete.

### **AT THE GAMES**

- Games participants (athletes, coaches and chaperones) stay in local schools, called an 'Athletes' Village'.
- Male and female Athletes Villages are separate.
- Each Zone team assigned 1 or 2 classrooms within each Village depending on the size of your team.
- Mattress will be provided, but bring your own sleeping bag and pillow.
- All participants (athletes, coaches and chaperones) are required to stay in the Athlete Village for the 3 nights of the Games
- Curfew of 11:00pm is set for all Games participants.
- Only accredited participants are allowed in the appropriate Villages. Food and drinks are not allowed in the housing rooms at the Athlete Villages.
- All participants must check-out of their Athlete Village on Sunday morning, (all luggage must be taken to a secure storage area) prior to competition and departure.
- Participants (coaches, chaperones and athletes) are required to stay in the Athlete Village on Thursday, Friday and Saturday night. Participants may depart via personal transportation following check-out from the Athlete Village on Sunday.
- Participants with no competition on Sunday should watch other sports and attend the Closing Awards presentation.
- All athletes (and coaches/chaperones) attending the games must stay in the accommodation sites on all three nights of the games. This is part of the Code of Conduct signed by each athlete and parent. Any athlete that leaves early is subject to sanctions by the Alberta Sport Connection. Your provincial sport association will be notified.

## Day One

- Thursday is a travel and arrival day for Games participants
- Participants will arrive at the Host community, get their accreditation at a Registration Centre, and check-in at their Athletes Village. Participants will be bussed to supper before attending the Opening Ceremonies on Thursday evening.

## Day Two, Three & Four – Friday, Saturday & Sunday

- Get your Zone team to breakfast, and then on to your competition using Host's internal transportation (depending on your sport's schedule).
- Breakfast and dinner will be served at a main Food Centre during the Alberta Games.
- Lunch plans on Friday and Saturday will be discussed during your Sport Conference Call.
- Check your sport's schedule to determine when you'll be able to visit the Food Centre for supper on Friday and Saturday. Host community holds an Athlete Social event and Coaches/Officials Reception on Saturday evening from 7:00-10:00pm
- Most sports will hold medal matches/finals on Sunday morning following check-out from the Athlete Villages. When sports are completed on Sunday, participants will gather (usually at the Food Centre) for the Alberta Games Closing Awards presentation in the early afternoon
- Participants will board home-bound buses (or get in cars) and depart the Games community following Closing Awards.