

"Got Bustos" Hitting Clinic!

Who is Crystl Bustos?



Crystl "The Big Bruiser" Bustos (born September 8, 1977) is an American softball player at the designated or shortstop position although on the roster she is a designated player. She is a two-time Olympic gold medalist. She holds the world record for home runs during an Olympic series, with six.

Bustos, a Mexican American, was born in Canyon Country, California. She began her career playing softball at Canyon Country Little League. She is a member of the 2008 U.S. Olympic softball team, which won the silver medal after losing to Japan in the gold-medal game, the first loss for the U.S. women in 23 straight Olympic games. Her accomplishments also include two World Cup Championships (2006 and 2007), three Pan American gold medals (1999, 2003 and 2007), and a gold medal at the 2006 ISF World Championships. She has also played for the NPF Akron Racers, and was the Most Valuable Player in the WPSL for the Orlando Wahoos in 1998.

Bustos announced that she would retire from international competition after the 2008 Beijing Olympics.

Bustos was named 2008 USA Softball Player of the Year. She became the field manager for the Akron Racers in October 2009, but elected to return to the playing field for the Racers in 2010.

What is a "Got Bustos" Hitting Clinic?

The "Got Bustos" motto is: "See It, Feel It, Fix It." This is something that Crystl and all the instructors who work with us take to heart. They let the players "see" what they are teaching, "feel" how their body should feel when doing the exercise and give the tools to "fix it" if they are not doing it correctly. The "Got Bustos" clinics started as "Weekend with Gold" back in 2005 with the help of Mary Ellen Bonner who is now our clinic coordinator. From that one clinic the response to Crystl and her method of teaching, but more importantly reaching out to the players turned into "Got Bustos" Sports Training, LLC.

Who is it for?

All players aged 12 and older as of January 1, 2012.

How much does it cost?

The registration fee is \$50.00.

When and where is it?

Four options of sessions held over March 24 or 25, 2012 at the Tri Leisure Centre in Spruce Grove, AB.



“Got Bustos” Registration Form

Registration deadline is **March 16, 2012**. A maximum of **40** participants will be accepted into each session.

Please *indicate* your 1st, 2nd, and 3rd choice of session that you can attend:

Session 1 (March 24)	9AM – 12PM		Session 2 (March 24)	1PM – 4PM	
Session 3 (March 25)	9AM – 12PM		Session 4 (March 25)	1PM – 4PM	

Participant Information:

Name:					
City:					
Email:					
Phone No.:	(H):			(C):	
Birthdate:	Month:	Day:	Year:		
Gender:	Male:			Female:	
Member of Softball Alberta:	Yes:			No:	

Parent / Guardian Information (only if under 18):

Name:					
Contact No.:	Work:			Cell:	
Email:					

Please send all forms in to Jackie Desilets at the Softball Alberta Office. jackie@softballalberta.ca or 780-461-7757 (Fax)

Payment Information:

Total Payment: \$50.00

Payable by: ___ Cheque

___ Master Card

___ Visa

Payable to:

Softball Alberta

9860-33 Avenue

Edmonton, AB T6N 1C6

Name on Card: _____

Card Number: _____

Expiry Date: _____

“Got Bustos”

Acceptance of Risk / Image Waiver Form

This document will affect your legal rights and liabilities. Please read carefully and sign before participating in **Crystl Bustos’ “Got Bustos” Hitting Clinic**.

I acknowledge that the sport of softball involves some risk and there is the potential to get injured while playing or participating in this camp. I am participating at my own risk and in full knowledge that there is a risk involved.

In consideration of being allowed to participate, I hereby assume all risks and release/absolve the Alberta Amateur Softball Association (Softball Alberta), the organizers and instructors from all liability or claims of any nature which may arise from my participation in this activity. I will be responsible for my own equipment and at no time hold anyone responsible for damage or theft of this equipment.

I hereby declare that in signing this document that I have read, understand and agree to the terms and conditions stated herein and that it is binding upon my executors and heirs.

Under 18:

I acknowledge as the parent/guardian of _____ that I have read, understand and agree to the terms and conditions stated herein and allow my child to participate in this activity.

Signature of Parent/Guardian: _____

18 and older:

I acknowledge that I have read, understand and agree to the terms and conditions stated herein .

Signature of Participant: _____

Date: _____



I understand that by marking this box I am giving permission for Softball Alberta to use my image or my child's image in the Association's advertising campaign, publications, or be posted to the website. At no time will personal information be used without further written consent.